

February 2026

	Circle Time	Discussion, Whole/Small Group, Read-Aloud	Fine/Gross Motor, Choice Time	Creative Expression
Theme 1 • Hearts & Hugs				
Monday February 2	Letter P Sound Introduction, Heart Shape Piece	What Do You Think of When You Hear "Hearts" and "Hugs?" • Family Box • Featured Books for Hearts & Hugs • Breezy Hearts	Stack 'Em	String of Hearts
Tuesday February 3	Letter P Name and Grapheme Introduction, Number 13 Piece	What Is Love? • Wellness Checkups • Writing Station • Love List • I See Me, Part 1	-	P Is for Pizza
Wednesday February 4	Building Letter P, Pink Color Piece	How Can You Show Love for Yourself? • Positive Affirmations • Hearts & Hugs Theme Book • I See Me, Part 2	Exercise My Heart	Marbled Heart Spinner, Part 1
Thursday February 5	Letter P Sensory Exploration, Finger Hearts	How Can You Interact with Your Family? • Acts of Kindness • Breathing Exercises • Feelings Flannel Board	Family Journal Drawing	Marbles Heart Spinner, Part 2
Friday February 6	Letter P Journal, Number Thirteen Counting Card	How Can You Interact with Your Friends and Classmates? • A Persona Doll's Feelings • Collaborative Book • Conversation Hearts	Fabric Blocks	Fizzy Art
Monday February 9	P Is for Penguin, Pink Water Play	How Can You Interact Within Your Community? • Heart Helpers • Take-Home Journal • Community Action • Love for the Birds	-	Dyed Salt Designs
Tuesday February 10	Letter Q Sound Introduction, Full Hearts	How Can You Show Love Or Care For Someone Who Is Far Away? • Collecting Hearts February Math Game • Mystery Box Reading • Send Mail	Paint Stampers	Crease and Color
Wednesday February 11	Letter Q Name and Grapheme Introduction, Number 13 Journal	What Is Affection? • Broken Hearts LCM • Calming Tools	Doll Care Station • Copycats	Q Is for Quilt
Thursday February 12	Building Letter Q, Pink in a Pile	How Does Giving and Receiving Affection Feel? • Classroom Affection Chart • Mindful Movements • Expressing Preferences	Hopping Hearts	Colored Craft Sticks
Friday February 13	Letter Q Sensory Exploration, A Heart Surprise!	What Have You Learned About Love and Affection? • Dissolving Hearts • Hearts & Hugs Read-Aloud Review • Expressing Emotions	Stitched Hearts	Lucky Duck Valentine
Theme 2 • Eating the Rainbow				
Monday February 16	Letter Q Journal, Clap and Stamp	What Does "Eating the Rainbow" Mean? • Fruit and Veggie Sort • Featured Books for Eating the Rainbow • A Bushel of Activities	Cooking Show	My Produce Bag
Tuesday February 17	Q Is for Quiet, Color Pink Journal	What Is Nutrition? • Cottage Cheese Fruit Bowls • Eating the Rainbow Theme Book	Sponges and Water • Hand Clapping	Class Foods Collage
Wednesday February 18	Ending Sounds in Words, Number 14 Piece	What Foods Are Nutritious? • Close-Up Foods LCM • Giving Directions • Veggie and Fruit Taste Test • Wilting Without Water	-	My Favorite Meal
Thursday February 19	Rhyme Time, Number Fourteen Counting Card	What Are Vegetables? • Reading a Recipe • Class Cookbook	Potato Prep • Confetti Makers	Hanging Vegetable Basket
Friday February 20	Letter R Sound Introduction, Sticker Sort	How Are Vegetables Grown? • Root, Leafy, or Cole Crop? • Listening Station, Part 1 • Class Garden	Fill and Snap	Carrots in the Garden
Monday February 23	Letter R Name and Grapheme Introduction, Number 14 Journal	What Are Fruits? • Rainbow of Colors • Making Maps • Scentsational Fruits	Fruit Moves	R Is for Rose
Tuesday February 24	Building Letter R, Forming Hearts	How Are Fruits Grown? • Fruit and Seed Matchup • Listening Station, Part 2 • Grocery Store	Grocery List	"Straw"berry Weaving
Wednesday February 25	Letter R Sensory Exploration, Hidden Colors	How Can Vegetables and Fruits Be Prepared To Eat? • Cool Kitchen Tools • My Menu • Pie Bakers • Fruit Forms	-	Scented Apple Pie
Thursday February 26	Letter R Journal, Parts of a Shape	What Are Some Safety Rules for Cooking and Eating? • Making a Salad LCM • Pirate Yoga • Spotless Hands	Slicing Practice	Tossed Salad
Friday February 27	R Is for Run, Fourteen Falling Hearts	What Have You Learned About Vegetables and Fruits? • What Would You Make? • Eating the Rainbow Read-Aloud Review	Fruit Basket Upset • Cherry Picking	Foil Folly

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